

## UNIT ONE ENGLISH IN THE WORLD

### Vocabulary

Widely = largamente  
Bloc = blocco (politics)  
Throughout = dappertutto, ovunque, durante  
Subsequently = successivamente  
To ensure = assicurarsi, accertarsi, controllare  
To break up = separarsi, andare in pezzi, sciogliersi, dividersi, scoppiare a ridere  
Fairly = equamente, giustamente, correttamente, piuttosto, alquanto  
Soot = cenere  
Hare = leper  
Peal = scamapanare (sweet sound)  
Goose = gioco dell'oca  
Bruise = livido  
Paw = zampa  
Coarse = ruvido, grezzo  
Herd = mandria, gregge  
Fir = abete  
Aisle = corridoio, corsia  
To bury = interrare, sotterrare  
Bred = educato, di razza  
Fare = prezzo tariffa, cibo  
To seize = afferrare, impadronirsi  
Peel = buccia  
To peel = squamarsi  
Settler = colono  
Seaboard = costa, litorale  
Jeopardy = pericolo, rischio  
Indeed = infatti, di certo  
Unduly = eccessivamente, ingiustificatamente  
Freight = carico, merce trasportata (to freight = spedire via cargo)  
Stubborn = ostinato  
To stick to = attenersi a  
Trickster = prestigiatore  
Drains = scarichi (noun)  
To show up = arrivare, presentarsi  
Mundane = noioso, banale  
Daze = stordimento, confusione

### Idioms

Is likely to expand = is going to expand  
To be prevented from = can't do something  
To deny that = to say is not true  
To drove s.o.(or a population) to settle in (place) = to make people emigrate

From all walks of life = di tutti i colori/tipi, appartenenti a tutti i gruppi sociali  
To retain supremacy = to keep the power  
To be unsurpassed  
To flip (to turn over) = rivoltarsi, capovolgersi  
To have time on your hands = non avere nulla da fare

### Well know sayings

- If a thing is worth doing, it's worth doing well  
- Crying over spilt milk it's no use  
- Every cloud has a lining silver  
- An end must come to all good things  
- If at first you don't succeed, try try try again  
- When in Rome do as the Romans do  
- One swallow doesn't make a summer  
- A bird in the hand is worth two in the bush = be grateful for what you have/ something which is certain I better than risk, however attractive

### Adjective order

Determiner +  
judgments +  
size +  
age +  
shape +  
colour +  
origin +  
material +  
type of purpose +  
noun used as adjective +  
head noun

### Simple Present Tense

- Statements or facts
- Fixed impersonal events in the future (schedules and timetable)
- Ideas or facts that are perceived to be objectively true: my parents go on holiday next week
- Adverbial time clauses beginning with when, while, as soon as, immediately, before, after, until
- 0 conditional
- Sport commentaries, demonstration, declarations, experiments or cookery

referring to events which begin and end at the moment of speaking

### **KEEP ATTENTION!**

News + TV series are SINGULAR,

The Police, family are PLURAL

Bilancia = scales (PLURAL)

### **Adverbs of Frequency**

General: after the verb “to be”, start, (end) of the phrase

Specific: end of the phrase

## **UNIT TWO**

### **GLOBALIZATION**

#### **Vocabulary**

Swallow = ingerire, rondine

To Spearhead = apoggiare

To lead = condurre, essere avanti

Shell = guscio, involucro

To tie = legare, pareggiare

Groundwork = preparazione

To pave = pavimentare

To avow = dichiarare affermare

Meagre = magro, esiguo

Stampede = fuggi fuggi

Mere = mero, puro

Root = radice

Rung = piolo

Ladder = scala a pioli

Drawback = lato negativo

Stuff = roba

Hell-bent = determinate, deciso

Forefoot = zampa anteriore

Spotty = brufoloso, irregolare

Elusiveness = irraggiungibilità

Survey = sondaggio

To deploy = schierare, spiegare

Overwhelmingly = in maniera preponderante, in modo schiacciante

Hardship = avversità

Edge/fringe = bordo

Currency = money

Merger = fusion (two companies)

Handful = justa few

Career ≠ carrier

Card-carrying = committed

To tame = to discipline

Critique = assessment

Unstoppable = inevitable

Stockholder = owner of shares in a company

To upgrade = to improve

Time-tested = long-established

64,000 dollars question = big dilemma

Undergraduate = student

Lot = position of role

Astoundingly = incredibly

Rule of thumb = situation

Findings = results

To deploy = to put to use

Payoff = outcome

Reliably = consistently

Chunk = part

Competitive edge = an advantage that makes one company better than another

Currency markets = foreign exchange markets

Customer-driven = consider the buyers first and shape your business around the buyers' needs

Expanded trade = increased business

Grow organically = increase in size by natural growth, not by mergers or alliances

Multinational accounts = business in various countries

Working practice = the way things are done in the workplace

#### **Expressions based on verbs**

- to shallow the talk = to believe

- to spearhead a revolution = to lead a great change

- to put paid something = to bring to an end

- to draw back into your shell = to retreat

- to lay the groundwork = to prepare foundations

- to pave the way for = to prepare and facilitate the arrival of

- to be at the expense of = to be on the detriment of

- to be undertreat = to be at risk

- to be on the highest rung of the ladder = to be at the peak

- to be hellbent on doing something = to be determined to achieve something

- to be enmeshed in a web = to be totally involved in something

- to keep up with the Joneses = to preserve and improve your living standard
- to have a spotty record = to show a poor past performance
- to be in the driver's seat = to be in control
- to be behind the wheel = to be driving
- to be better off = to have a better life
- to overturn conventional wisdom = to contradict general beliefs
- to bear in mind = to remember (take a note)

### Focus on the Past

**Simple Past:** consecutive-contemporary past, finished action, statement of fact referred to the past -> actions or events happened in a definite time in the past

**Past Perfect:** fact happened in the past (with result) -> actions or events that happened before a particular past event/ reporting what someone said or asked about a past event or action

**Present Perfect:** just finished action, expression of facts (we don't know when), result -> recent events that have results in present time/ the cause of an event or situation that people already know about/ actions or events that happened within an (as yet) unfinished time

**Would + inf:** idea of regret -> a repeated action in the past, no longer continued

**Used to + inf:** a habitual state or situation in the past, no longer continued

## UNIT THREE

### THE BODY AND THE MIND

#### Vocabulary

#### Prevention is better than cure

To heal = guarire

Healer = guaritore

Disease = illness = ailments (can be contagious) ≠ Decease = to die (decesso)

GP = general practitioner (medico di famiglia)

Practise (studio del medico di famiglia o del dentista) ≠ studio (place of work of a private doctor)

Osteopathy = manipulation of bones, especially the spine

Hypnosis = go into a trance (state of total relax where the power of suggestion is very strong)

Chiropractic = it works with nerves

Alongside = together with

Effective = which works

Trunk = tronco

Branches = rami

Bark = corteccia

To dilute = to put water usually to make s.t. less strong

Tablet = compressa

Blinding headaches = extremely bad headache

To prescribe = to write the prescription

Dumb(b)/mute (am) = muto

Deaf = sordo

Liver = fegato

Kidneys = reni

GOT + a cold, a cough, a sore throat, a stomach ache, a rash on my chest (), a bruise (), a black eye, a fever (am.) ora a temperature (b.), a blister (), a lump, a headache, toothache, acne.

Measles = morbillo

Pneumonia = polmonite

Mumps = orecchioni

Chickenpox = varicella

Front = forehead

Chin = mento

Armpit = ascella

Chest = breast

Tummy-button = belly-button

Forearm = avambraccio

Ebon = gomito

Wrist = polso

Calf = polpaccio

Thigh = coscia

Ankle = caviglia

Foot = heel

Umbilical cord

To blink = movimento involontario di chiudere le palpebre

Head start = advantage

Eye-catchers = attractive

To peel = sbucciare

To face = to accept

Nosy = inquisitive (ficcanaso)

Sweet ≠ savoury

Arse (b.)/ ass (am.) = backside

Eyebrow = sopracciglia

Check = zigomo  
 Nostrils = narici  
 Jaw = guancia  
 Eyelid = palpebra  
 Crown = titolo  
 Tactful = discreto, diplomatico  
 Stubborn = ostinato  
 Streak = striscia, segno, traccia  
 Meddling = intromissione, ingerente  
 Tasty (saporito) ≠ bland  
 Spouse = wife or husband  
 Pore = poro  
 To leak (perdere petrol) ≠ leak (poro)

**HOW + ADJECTIVE + A/AN + S.T. + TO BE**

### Idioms

The doctor treats (cures) a patient  
 There is no cure for common cold  
 To build up natural defence  
 To be allergic to s.t. = to have an s.t. allergy = to have an allergy to s.t.  
 To outgrow an allergy (become intolerant to s.t.)  
 To have a blood test = to check your blood pressure  
 A wound heals = guarigione  
 To be intrigued with = to be fascinated by  
 Taking into account = considering  
 Become disillusioned with = become sceptical about s.t.  
 It sticks out a sore thumb = it's blatantly obvious  
 As fit as a fiddle = very fit and very well.  
 Slipping away  
 Out of sorts  
 To pull through  
 Under the water  
 As good as new  
 To have a frog in one's throat = to be unable to speak clearly until you give a slight cough  
 Like death warmed over (am)/ up (b) = very ill  
 In bad shape  
 To kick the bucket = to die  
 To wink at s.o. = fare l'occhiolino  
 To rack one's brains = spremersi le meningi  
 Take one's mind off one's troubles = don't worry about something

Play it by ear = improvise  
 Look down your nose at = feel superior  
 Be in well hand = is going well, no problems  
 Pull someone's leg = to mock s.o. = to tease s.o. = to make fun of s.o.  
 Have got a sweet tooth = prefer sweet things  
 By the skin of one's teeth = per un pelo  
 It's a real pain in the neck = being irritated, it's a nuisance  
 Be s.t. (adj) at heart = deep inside  
 To become numb = congelarsi  
 To be struck dumb = when you're surprised and you don't know what to say  
 To be/feel dizzy = avere capogiri  
 Go out of one's way  
 To be sick = to vomit (trough up)

### As or Like?

As is a conjunction and followed by a clause of comparison/ before a prepositional phrase or it is used to state the role of a person  
Like is a preposition and it is followed by noun/pronoun -> used for comparisons

### Comparatives and superlatives

As...as...  
 Not as (so) ... as...  
 ...er/more...  
 Les..  
 The...est/most...  
 The least...  
 Comparative, comparative  
 Comparative + verb, comparative  
 Comparative + verb, comparative + verb  
 ...er and ...er  
 More and more...  
 Less and less...  
 Ever...er  
 Ever more/less...  
 Increasingly...er/more/less

### Idioms of comparison with LIKE

- be like a bull in a china shop = to often drop or break things because you move awkwardly or roughly  
 - be like a fish out of water  
 - be like looking for a needle in a haystack  
 - be off/back/in like a shot  
 - be like one of the family

- be like water of a duck's back = without having any effect
- come down on someone like a ton of bricks
- eat like a horse
- feel like a million dollars
- fight like cat and dog
- fit like a glove
- have (got) a memory like an elephant
- know s.t./s.o. like the back of one's hand
- like father, like son
- live like a king
- look like a drowned rat
- need something like a hole in the head
- pop up like mushrooms
- run like the wind
- sell like hot cakes = if things are going like hot cakes, people are buying a lot of them very fast
- shake/tremble like a leaf
- sleep like a dog
- smoke like a chimney
- spend money like water
- spread like wildfire = to spread rapidly
- treat someone like dirt
- watch s.o. like a hawk
- work like a slave

### **Idioms of comparison with AS**

- as quick as a flash
- as fat as a pig
- as fit as a fiddle
- as hard as iron
- as pretty as picture
- as white as a sheet
- as mad as a hatter
- as easy as pie
- as quiet as a mouse
- as old as the hills
- as dead as a dodo
- as busy as a bee
- as black as coal
- as cold as ice
- as light as a feather
- as deaf as doorpost
- as blind as a bat
- as cool as cucumber

### **Comparatives in proverbs**

- absence makes heart grow fonder
- action speak louder than words

- better later than never
- blood is thicker than water = the bonds of family and common ancestry are stronger than those bonds between unrelated people
- easier said than done
- enough is as good as feast
- the pen is mightier than the sword = written words hurts more than a sword
- more haste, less speed = if you go slowly, you go further
- prevention is better than cure /prevention is the best cure
- imitation is the sincerest form of flattery 0 Copying someone is flattering because it shows you want to be like that person
- two heads are better than one

## **UNIT FOUR**

### **THE BIG AND THE SMALL SCREEN**

#### **Vocabulary**

CNN = Cable News Network

Licence fee = canone (amount of money you pay for professional sevrices)

Launched = founded

BBC = British Broadcasting Cooperation

Format = a way/order in which s.t. is presented/arranged

Convenience = preference

Satellite dish = parabola = decoder

Affiliates = independent but cooperate with (comes from latin )

Hard news = ordinary news

Ratings = viewing figures, audience

To tune a TV/radio

TV Serial (take a novel ad split it into some episodes) ≠ TV Series

Spoil-sport

Awkward = difficult

Housebound = cannot move from home

To grab = to snatch (take but not stealing)

Auction = sell for the best price (asta)

Coronets = diadema

To struggle = to make an effort

Tricks = magic

Inaugural = the first of many

Dirty trick = scherzo

Cutlery = posate

Crockery = stoviglie

To sketch = to draw very rapidly

Relative = relation  
Drama = soapoperabald = pelato  
Bold = courageous  
To pinpoint = to identify  
Turkeys = flops (am)  
To determine = to decide  
To be released = start to be shown  
Role = part  
Revenues = incomes  
Otherwise = not  
Relatively low = quiet low  
Voice-overs = doppiaggio  
Stir = mix  
Backing = support  
Playground = place near school/park  
Certificate films = films for children  
x-films = films for adults  
billboards = advertisements in streets  
timing = tempismo  
key factor = main factor  
box office = casa del cinema  
allocation = choice of cinemas  
word of caution = warning  
peak = increase to the highest point  
likelihood = probability  
blockbuster = best seller  
arrow = lancia  
summit = a mountain's peak  
hail = grandine  
Hail Maria = Ave Maria  
Herring = aringa  
Crow = corvo  
To soak = to immerse in liquid  
Drenched = totally wet  
Starving = fame (I'm  
starving/ravenous/famished = I'm hungry)

### **Air**

Airplay = numbers of times that music has been played on air  
Airtime = amount of time on air  
Airwaves = signals/broadcasting  
Off the air = no longer being in broadcast  
To air = to broadcast

### **Idioms**

State-of-the-art technology = latest technology = the latest edition

s.t. keeps you in touch with the world = went update with the world/ remain (stay in contact) with s.o.  
be really filthy rich = very rich  
filthy = very dirty/unpleasant  
what a relief! = che sollievo!  
A bit of light relief = not serious programmes  
Relocating = to move from a house to another  
To land a job = to find a job  
To have a surprise in store  
Box office Smash = successfully  
To raise the curtain  
To cause a stir = to cause a sensation  
- to have butterflies in your stomach  
- a loan shark = a usurer, someone who charges an excessive amount of interest  
- to chicken out of s.t. = to withdraw in a cowardly way  
- let sleeping dog lie = don't go looking for trouble  
- to smell a rat = suspect something  
- a red herring = something which distracts from the main idea or subject  
- straight from the horse's mouth = directly from the original source  
- as the crow flies = in a straight line  
- a sheep in wolf's clothing = s.o who is very friendly, but is actually an enemy  
- crocodile tears = insincere tears or artificial sadness  
- to play mouse and cat with someone = to put s.o. in a position of uncertainty

### **In the end, At the beginning,...**

**At** the beginning of (give a chronological point in time) ≠ **in** the beginning/at first/initially (suggest that things changed later)

**At** the end of (give a chronological point in time) ≠ **in** the end (suggest that things worked out differently from expected)

**Finally/eventually**: suggest that has been a long wait and eventually suggest problems

**At least**: the time taken to achieve s.t. was very long, but it was worth waiting.

## Uncountable nouns

- group
- all substances
- abstract qualities/nouns
- name of academic fields
- illnesses
- sports
- most nouns ending in -ing

Some can be countable and uncountable  
Some uncountable became singular when followed by a relative clause/ some special phrases can make an uncountable word singular (a lot of, a good deal of, a piece of,..)

## UNIT FIVE

### TIME

#### Vocabulary

- Lock = serratura
- Proof read = revision
- Navel = ombelico
- Beehive = alveare
- Shire = contea
- To stir = mescolare
- Dash = hurry
- Hardly = just happened
- Overcast = dull (not so bright)
- Haul = bottino
- Briskly = energetically
- Commotion = agitation
- Shields = scudi
- Steps = misure
- Placards = manifesto
- Giggle = risolino
- Deception = inganno, sotterfugio
- To overload = sovraccaricare
- To prise = to push s.t. open
- Tide = marea (comes in = high tide, goes out = low tide)
- Shore = bagnasciuga
- To implement = put into action, far entrare in vigore
- Time-share apartments = multiproprietà

#### Life

- Lifespan = vita utile/durata della vita
- Lifetime
- Life-giving
- Lifelong = di tutta la vita

Lifeless

lifestyle

Lifeline = ancora di salvezza, cima di salvataggio/line della vita

Life-jacket

#### Time

Time-consuming = che richiede molto tempo

Timing

Timeless = eterno

Time-share

Timekeeping = puntualità

Time-scale = cronologia genealogica

Time-travel

Time-limit

SUCH + NOUN

WHEN, AS, BEFORE + **FUTURE**

#### Idioms

Take an oath = prestare giuramento

To be in full swing = to be in full action

To burst into tears

To keep one's eyes well peeled = to be aware

Take fright = became frightened

To get a fit the giggles

Tell (**say**) the truth!

Turned out to be = discovered to be

#### Idioms of time

- There's a time and place for everything

- On time = punctual

- In time = in good time

- Pressed for time

- Take your time = slow down, relax

- fine time = "this is a fine time for this to happen"

- for the time being = temporary

- from time to time = occasionally, once in a while

- have the time of one's lives = have a great time

- in the nick of time = just in time

- have a good time = divertirsi

- one at time

- all at once

- time's up

- time works wonders = il tempo fa miracoli

- it's about time = sarebbe ora!

- it's time to
- time out
- a matter of time

## **UNIT SIX**

### **CLOTHING AND STYLE**

#### **Vocabulary**

Leap year = anno bisestiel  
 Hinges = cardini (della porta)  
 Retail = venditore  
 Duffle coats = like Montgomery  
 Surplus = what's left  
 Fawn = cerbiatto  
 Hoodies = ghetto boys incappucciati  
 Toughness = strength  
 Virility = muscularity  
 Scorned = disliked  
 Boorish = not refined  
 Fetish = unhealthy obsession  
 Close-cropped = short haircut  
 Spread = cream/formaggio spalmabile  
 To spread s.t.(spalmare) ≠to spread s.t. in  
 (spalmare massaggiando)  
 Hipsters = hippies' jeans (low-waisted)  
 Loose clothes = rapper's trousers  
 Yuppies = modern mods  
 Low crotch = cavallo basso  
 Teenyboppers = truzzi  
 Dwindled = diminished  
 Labelled = classified as  
 Fringe = hair covering forehead  
 Lacked = didn't have, missing  
 Niche market = instigated  
 Catering for = specialising in certain goods  
 Reversed = contrary  
 Spurned = rejected  
 Revere = venerate  
 Charts = grafici  
 To scorn = to look down  
 Sweet and sour = agrodolce  
 Bouncer = buttafuori  
 Sleeve = riserva  
 Drain = tombino  
 The breaking = the robbing  
 Dry cleaning = vestiti della tentoria  
 Suntanned = abbozzato  
 Notice = bacheca, opinione  
 Finishes = the final touch

Term = conditions, semester  
 Highly sought = everybody wants it  
 Mane = criniera  
 Overalls = uniforms  
 Italics = corsivo  
 Garment = capo d'abbigliamento  
 Tanned  
 Upset = irritated

#### **Patterns**

Striped  
 Pin-striped  
 Flowery  
 Polka-dotted  
 Checked  
 Spotted  
 Tartan  
 Plain

#### **Materials**

Cotton  
 Velvet  
 Corduroy  
 Silk  
 Wool/woollen  
 Microfiber  
 Denim  
 Cashmere  
 Acrylic

#### **Adjectives**

Baggy  
 Loose  
 Tight  
 Close-fitting  
 Long-sleeved  
 Short-sleeved  
 Flared  
 Straight  
 V-necked  
 Roud-necked  
 Smart = alla moda  
 Trendy  
 Casual  
 Scruffy = sciatto

#### **Idioms**

Cease to coincide with = stop coinciding with  
 Become a force to be reckoned = take into  
 serious consideration

Raise a family

To keep s.t. at arm's length = to keep s.o. or s.t. away

Pass s.o. on to = people inherit what people before them have left

Young up and coming person = figli della classe dirigente

Up and coming = well doing

Be about to give birth

It's none of his business = non sono affari suoi

### **Say and tell**

Tell somebody something

Say something to someone

CONFIDE IN S.O.

### **Idioms with clothes**

- to tighten one's belt = save money
- to wash one's dirty linen in public = make public your private things
- to boot someone out = through s.o. out
- to give s.o. on the boot
- to get the boot = to be thrown out
- to pocket s.t. = to steal little things
- to have s.t. up your sleeve = keeping a secret
- to keep your shirt on = calm down
- to wear the trousers
- to work hand in glove = in close cooperation
- to collar someone = catch s.o.
- to go cap in hand to s.o. = to be very sorry
- to be in someone's shoes
- to skirt around something = arrampicarsi sugli specchi, girarci attorno
- to be caught with your pants down = essere colto in flagrante

### **Idioms with numbers**

**1.**

To have a one-track mind = essere fissati

Not to know the first thing about it

Once for all = una volta per tutte

To go back to square one = to start again

A one-armed bandit

Once bitten, twice shy = una volta basta e avanza

A one-off = lucky happened, sevndita, opportunità

First come, first served

**2.**

To put two and two together

To have second thoughts = to reconsider s.t.

Second rate

Two's company, three's a crowd = terzo incomodo

It's second nature = so instinctive

Double Dutch = difficult to understand

**3.**

The three R's = basic education (read, write, arithmetic)

To put someone through the third degree = to intimidate, interrogate

The three wise monkeys = speak no evil, look no evil, hear no evil

**4.**

The fourth dimension (length, wide, high, imaginary)

The fourth estate = the media/press, but also the fourth estate (after parliament, church, monarchy)

**6.**

Six of one and half a dozen of the other = there is no difference

Sixth sense = instinct/supernatural

**7.**

The seven deadly sins

The seven wonders of the ancient world

To be in the seventh heaven

**9.**

A stitch in time saves nine

To be on cloud nine = extatic

**10.**

Ten to one = almost certainly, very favorable (quote)

Ten out of ten = well done

**11.** at the eleven hour = at the very last minute

**12.** to talk nineteen to dozen = talking a lot (very talkative)

**13.** friday 13<sup>th</sup>

**40.** to take forty winks = very short sleep (nap)

**100.**

Not in hundred years = never

I've told you hundred times